
Gear List and Travel Advice

For Use: MS Class Trips Preparation

Division: Middle School

Last Update: March 2017

Category: Class Trips

Purpose: Planning for Grade 5 Class Trip

Gear List

Students will be active; therefore, please pack clothing that can stand some wear and tear. The climate will be sunny and humid during the day, but can cool down in the evening. In the case of rain (we have had rain many years), activities will continue unless safety concerns make it necessary to cancel or postpone. As a general rule, dressing in layers with clothing made of lightweight and quick drying material is best suited to the trip.

Each student should bring a small daypack to carry on the bus, and to his or her activities each day. Other items should be packed in a small suitcase that the student can easily transport from the bus to the hotel room independently. Remember, we are only going to be gone for 3 days/2 nights. Don't over pack. Please label your belongings, including your suitcase.

- Pack your small backpack with water bottle, snacks, fruit, tissues, camera, money, book for the bus ride
- One small suitcase with the items on the list below. The student must be able to carry their own luggage up and down stairs to their hotel room.

Essential Items & Clothing required for your 3 days (including what's worn on Day 1)

- 3 short sleeved shirts
- 1 long sleeved shirt
- 1 or 2 pairs of long pants
- 2 or 3 pairs of shorts
- pajamas
- 1 sweatshirt or sweater or jacket
- 1 **waterproof jacket or poncho - ESSENTIAL!!!**
- 3 or 4 pairs of underwear
- 4 or 5 pairs of socks – in case of rain
- 1 bathing suit or an outfit that can get wet - kayaking
- 1 towel (the hotel has bath towels, your towel is for kayaking, can be a hand towel)
- 2 pairs of comfortable walking shoes – one pair could be hiking boots
- 1 pair of shoes for getting wet when kayaking – should cover toes and stay firmly on feet

- 1 small daypack to carry small items, snacks & most importantly their water bottle
- 4 plastic bags for wet clothes and wet shoes
- water bottle** (at least 700ml)
- toiletries (toothbrush, deodorant, etc.)
- sunscreen**
- strong flashlight with fresh batteries

Optional Items

- deck of cards or card games
- healthy snacks for the hotel and bus trips – no sweet drinks and ABSOLUTELY NO NUTS!
- bug spray
- band for glasses (to keep from losing them during activities)
- sunglasses
- cell phone (reserved for calls after night activities 8:30)
- camera
- tissues, sanitary supplies
- pen, pencil, book
- money - up to 50 RMB in small change – we encounter a few vendors on our trips. Sometimes they have ‘cool stuff’ and souvenirs. Up to 50 RMB allows our children the opportunity to bargain and practice their Mandarin.
- small teddy bear, blanket or photo of family (or of your favorite teacher!)

