

# Concordia MS/HS Lunch Menu

Counter	Item	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Soup</b>	Mexican Chili Bean Soup	Pumpkin Soup	Mushroom Soup(No Cream)	Hot & Sour Soup	Vegetable Soup
World Kitchen Set Meal	<b>Western Dish</b>	Onion Chicken	Chicken Schntzel	Beef Stew	Chicken Drumstck	Grilled Fish with Tomato Sauce
	<b>Asian Dish</b>	Roasted Pork with Gravy	Diced Duck in Bean Sauce	Roasted Pork with Apple Sauce	Pork Goulash	Curry Chicken
	<b>Vegetarian Dish</b>	Omelet with Vegetables	Cheese Backed Couscous in Tomato	Vegetarian Burrito with Salsa	Vegetable Burger	Cabbage with Rice
	<b>Vegetable</b>	Green Vegetables	Sautéed Pok Choi	Scallion Oil and Cabbage	Mushroom and Vegetable	Sauteed Sliced Potato with Green Pepper
	<b>Starch</b>	Mashed Potato	Spring Roll	Roasted Potato	Mashed Sweet Potato	Potato Gratin
		Steamed Rice	Steamed Corn Rice	Steamed Mixed Rice	Steamed Rice	Steamed Rice
	<b>Dessert</b>	Brwonie Cake	Butter Cake	Carrot Cake	Marble Cake	Strawberry Cake
Asian Wok	<b>Asian Dishes</b>	Kong Bao Chicken with Nuts	Tteokbokki with Chicken in Korean Style	Braised Pork Ribs in Shanghai Style	Sautéed Pork in Taiwan Style	Poached Beef in Szechwan Style
		Pan-Fried Pork Dumplings	Mexican Beef Wrap with Salsa Sauce	Ciabatta with BBQ Chicken	Chicken Wrap	Bacon Bibimbap
Grill Work	<b>Grill Station</b>	Roasted Pork with Gravy	Garlic & Herb Roast Pork Rib	Chicken Breast Stuffed Spinach & Cheese	Roasted Lamb Chop with Mint Sauce	Roasted Orleans Chicken Leg
	<b>Pizza&amp;Pasta</b>	Pizza/Pasta with Chicken & Tomato Sauce	Pizza /Pasta with Sausage Sauce	Chicken Enchilada / Penne with Meatball & Tomato Sauce	Tuna Pizza/Carbonara Pasta in Bacon & Mushroom	Chicken Baguette/Beef Lasagne
	<b>Vegetarian Dish</b>	Spaghetti with Pesto Sauce(No Nuts)	Macaroni with Tomato Sauce	Penne with Vegetable	Spaghetti with Pesto Sauce(No Nuts)	Pasta with Tomato Sauce
Hot Deli Bar	<b>Hot Baguette &amp; Pasta Dish</b>	Roasted Chicken Baguette	Hot Dog with French Fries	Roasted Chicken Panini	Beef Burger with French Fries	Hot Dog with French Fries
		Cheese Baked Spaghetti with Chicken & Tomato Sauce	Cheese Baked Pasta with Sausage Sauce	Cheese Baked Penne with Meatball & Tomato Sauce	Cheese Baked Pasta Chicken & Tomato Sauce	Cheese Baked Spaghetti with Bolognese