

Student Physical Examination

For Use Beginning: 3/2017

File Name: Form

Last Update: 3/2017

Division: All school

Purpose: Doctor completed health form for students

New-to-Concordia Students

Required: A doctor completed Student Physical Examination within the six-month period preceding the first day of school at Concordia.

All Current Students

Required: A doctor completed Student Physical Examination before the start of every fourth year—one exam every 36 months following admission (or last submitted exam.)

This form can be submitted as part of the returning Family Data Verification process in August. New students should submit it no later than the New Student orientation in August. The form may also be given to the Health Office (M121) or ES Nurse Station (E101 K) **prior to your child's first day of class**. School nurses will verify information is complete and contact parents if additional information or action is required.

To the Physician:

Please make a physical examination of the below-named pupil and use the codes indicated in marking the conditions.

(Student's Name: Last, First, Middle)

(Date of Birth)

(Age)

(Grade)

(Address)

Height: _____ (cm/in) Weight: _____ (kg/lb) Pulse: _____ BP: _____

Code: No Defects – 0; Defects – X; Immediate Attention Desired – XX; Under Treatment – T; Corrected – C

Vision Screen	L	R	Nutrition		Muscle Tone	
w/glasses	L	R	Scalp/Hair		Thyroid	
w/contacts	L	R	Heart/Circulation		Lungs/Chest	
color perception			Nervous System		Lymph	
Hearing Screen	L	R	Skin		Abdomen	
Ears			Speech		Dental	
Throat			Orthopedic		Menses?	Y N
Nose			Scoliosis?	Y N	Other	

Abnormal findings explain: _____

Physical Activities: (Normal Physical Education Classes, Swimming, and Competitive Sports)

Unrestricted _____ Restricted _____ Modified _____ If modified, how? _____

Reason for restriction or modification: _____

Allergies

None

Food _____ Medication _____ Insect _____ Environmental _____

Symptoms _____

Treatment _____

Severity of allergy (please circle): Mild Moderate Severe

Medication: Is this student taking any medication (oral or injection) on a regular basis?

Yes No If yes, name(s) and dosage(s):

Tuberculosis Screening (肺结核筛查) required for new students and before the start of every fourth year (PPD, T-SPOT, or Chest X-ray):

- Newly positive PPD/ T-spot please provide treatment plan, clearance to start school, and follow-up chest x-ray results.
 - History of positive PPD/T-spot results in the past, please obtain a chest x-ray with results.
 - TB screening is required for students having BCG vaccination; we recommend T-spot or Chest x-ray.
 - If child has received BCG, they should not do PPD as it will produce a false positive.
- Limited availability for skin test (PPD) in Shanghai. See below.

Type _____ Results _____ Date _____

Immunization Record

Concordia has a **mandatory** vaccination and immunization policy, following the CDC immunization schedule. We require your child to have up to date and/or completed MMR, DPT, and Polio series in order to attend school.

RETURNING STUDENTS Please submit a scanned or hard copy of immunization record if any updates.

NEW STUDENT: Please attach a copy of your child's immunizations records, including all exact dates. See sample below. Copies of Non-English immunization records are acceptable.

按照疾病预防控制中心预防接种规定, 协和国际学校有严格的疫苗接种要求。我们需要您的孩子有最新的和/或完成了 MMR (麻腮风), DPT(百白破), Polio(脊髓灰质炎), 方可通过入学。 **新生:** 请提供您孩子详细的疫苗接种记录, 我们也接受非英文的版本。

예방 접종에 관하여 알려드립니다. Concordia 는 예방 접종과 그 기록을 학생의 의무 사항으로 하는 교칙이 있습니다. 등교하려면은 **MMR, DPT, and Polio series** 를 완성하셔야 됩니다. **신입생:** 자녀의 접종기록복사본을첨부해주셔도 좋고 정확한 접종날짜를 포함한 일정표를 완벽히 기재해주시기바랍니다. 복사본은비영어로 하셔 도 좋습니다.

Please ensure your copy has the exact dates the immunization was received:

Name of Vaccination	M / D / Y	M / D / Y	M / D / Y	M / D / Y	M / D / Y	M / D / Y
Measles/Mumps/Rubella (MMR) (Required) (12 months, 4-6 years old)	/ /	/ /				
Diphtheria/Pertussis/Tetanus (DPT, DTap, Tdap) (Required) (2, 4, 6 &18 months, 4-6 years old; booster: 11-12 years old)	/ /	/ /	/ /	/ /	/ /	/ /
Polio (Oral / Injection) (Required) (2, 4, 6 -18 months,4-6 years old)	/ /	/ /	/ /	/ /		
Hepatitis A <i>(Recommended)</i>	/ /	/ /				
Hepatitis B <i>(Recommended)</i>	/ /	/ /	/ /			
Varicella (Chicken Pox) <i>(Recommended)</i>	/ /	/ /				
BCG (if applicable)	/ /					

RETURNING STUDENTS
Please tick
 records on file, no update
 photocopy attached of updated immunizations

Indicate the date of any new immunizations your child has received in the past year _____

Doctor's Name (please use CAPITAL LETTERS): _____

Doctor's Signature: _____

Doctor's Address: _____

Date of Examination: _____ Telephone (Country and Area Code): _____

Medical Clinics in Shanghai that Provide Physical Exams

The doctor completed **Student Physical Examination** can be completed by your own registered physician in your home or current country or by a local registered physician in a medical clinic in Shanghai.

If your doctor has given you an alternate form, this will suffice; it is not necessary to use **Student Physical Exam** form we have provided, although it is our preference.

TB Testing

PPD skin test-currently the clinics in Shanghai we know that are providing this are: Shanghai United Family Hospital Puxi Clinic & Shanghai International Travel Healthcare Center

T-SPOT-a single-visit blood test for tuberculosis (TB) screening, also known as an interferon gamma release assay (IGRA). This technique has the advantage that it is less influenced by previous BCG vaccination compared with the traditional testing method for latent tuberculosis, the PPD skin test.

Other-If you use an alternate form that does not include tuberculosis screening, TB screening is required for all new students and current students before the start of every fourth year after the most recent exam submission in addition to the form your doctor has given you. (Please see questions 3 to 5 on Student Medical Forms FAQ, which accompanies this form.)

Should you prefer to schedule the physical examination in Shanghai, you may wish to consider one of the following medical service providers.

All listed phone numbers are in Shanghai. The country code (86) and the city code (21) are not necessary if dialing within Shanghai.

Yosemite Clinic 优仕美地医疗	No.1398 Fangdian Road Shanghai 芳甸路1398号 4008500911 http://www.yosemiteclinic.com/
Shanghai Ruidong Hospital – Int’l Center (2nd floor) 上海瑞东医院	120 East Jinxiu Road Pudong District, Shanghai 锦绣东路 120 号 +86-21-5833-9046 http://ruidong-hospital.com/en/
Shanghai East International Medical Center 上海东方国际医疗中心	551 S. Pudong Rd. near Pudong Ave., Pudong Appointment needed for PPD test. 浦东新区 浦东南路551号 +86-21-5879-9999 www.seimc.com.cn
GHC PuDong Medical Center 浦东全康医疗中心	Shanghai World Financial Center, Shop 212, 100 Century Avenue 世纪大道100号上海环球金融中心商场212室 +86-21-6877-5093 www.ghcchina.com/
Parkway Health Medical Center 新加坡百汇医疗集团	<ul style="list-style-type: none"> • Jiao Qiao 金桥 997 Biyun Rd, Pudong 碧云路 997 号 • Shanghai Center 上海商城 1376 Nan Jing Xi Rd. 南京西路 1376 号 • Xintiandi Specialty Center 新天地 170 Dan Shui Rd 淡水路 170 号 +86-21-6445-5999 www.parkwayhealth.cn/
United Family Hospital and Clinics 上海和睦家医院	<ul style="list-style-type: none"> • 1139 Xian Xia Rd. Changning District, Puxi 浦西 长宁区仙霞路 1139 号 4006393900 • Huashan Pudong Hospital International Division Managed by United Family Healthcare Pudong 525 Hongfeng Road, Ground Floor, Area A 浦东红枫路 525 号一楼 A 区 +86-21-5030-9907 http://shanghai.ufh.com.cn/locations/puxi-main-hospital/
WorldPath Clinic International 上海沃德医疗中心	399 Nan Quan Road (N) Shanghai 南泉北路 399 号 +86-21-20207888 www.worldpathclinic.com

**Shanghai International Travel Healthcare
Center**

上海国际旅行卫生保健中心

15 Jin Bang Road, Puxi.

金浜路15号

+86-21-62685072 <http://www.sithc.com/sithcen/>